

BREAKFAST

HOT & COLD CEREAL
EGGS TO ORDER
VARIETY OF BREADS
FRUIT
PASTRIES
YOGURT
JUICE, COFFEE, TEA, MILK

FRENCH TOAST, PANCAKES, BACON, AND SAUSAGE ARE ONLY AVAILABLE ON
SPECIFIC DAYS

LUNCH

BREADED CHICKEN CORDON BLEU ON A PRETZEL ROLL
HAMBURGER OR CHEESEBURGER
FRENCH DIP GRILLED CHEESE
SOUTH OF THE BORDER SALAD

HALF PORTIONS AVAILABLE UPON REQUEST

FOR A HEALTHIER HEART

LOW SODIUM – LOW CHOLESTEROL

COBB SALAD
GRILLED CHICKEN BREAST SANDWICH W/LETTUCE & TOMATO
GRILLED VEGETABLE SANDWICH ON FLATBREAD

SIDE DISHES

COLE SLAW COTTAGE CHEESE APPLESAUCE
GARDEN SALAD FRENCH FRIES ONION STRAWS
SWEET POTATO FRIES

DESSERTS

HOMEMADE COOKIE JELLO PUDDING FRUIT OF THE DAY

BREADS: FLAT BREAD, WHEAT, WHITE, RYE, PUMPERNICKLE, PRETZEL ROLL, BUN

SALAD DRESSINGS: ITALIAN, RANCH, SWEET & SOUR, HONEY MUSTARD, FETA,
CAESAR, FRENCH, FAT FREE RASBERRY VINEGARETTE

DINNER ENTREES

FRIED SHRIMP

SMOTHERED CHICKEN

SPAGHETTI WITH MEATBALLS

GRILLED HAM

OMELETS WITH ONIONS, PEPPERS, MUSHROOMS, HAM & CHEESE

HALF PORTIONS AVAILABLE UPON REQUEST

FOR A HEALTHIER HEART

LOW SODIUM – LOW CHOLESTEROL

GRILLED CHICKEN BREAST

CATCH OF THE DAY

EGG WHITE OMELETS

SIDE DISHES

GARDEN SALAD	LOADED BAKED POTATO	COLESLAW
BAKED POTATO	BAKED SWEET POTATO	APPLESAUCE
MASHED POTATO	SAUTEED VEGETABLE	ONION STRAWS
BUTTERED PASTA	FRENCH FRIES	COTTAGE CHEESE

DESSERTS

ICE CREAM FRUIT OF THE DAY